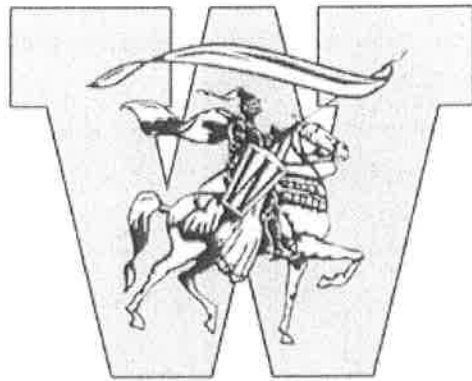


Windsor Central High School



Junior Workshop

College and Career Planning Timeline
2020-2021

Junior Year Activities

- Attend College Representative Visits in the Counseling Office
- Junior Workshop
 - Naviance
 - *Do What You Are* Assessment
 - Explore career options
 - Research colleges
 - Save colleges
 - Update Resume
- Set up on campus college visits
- Attend Day with Professionals
- Utilize Khan Academy to prep for SAT and attend prep classes at the HS
- Take the SAT and/or ACT for the first time (see dates below)
- If you are an athlete and plan to play Division I or II athletics, you need to register with the NCAA clearinghouse (ncaa.org)
- Attend Job Fair

Senior Year Fall Activities

- Narrow down list of colleges
- Continue visiting any colleges not already visited
- Senior Workshop
 - Naviance
 - Add Colleges to *Colleges I'm Applying to*
 - Request letters of recommendation from teachers
- Senior Meetings with Counselor
- Start completing college applications (complete by Thanksgiving break)
- Take (or retake) the SAT and/or ACT
- Financial Aid Workshop
 - In School
 - Night Program
 - Begin Financial Aid Process, opens October 1st

Important Dates for Juniors

Junior Parent Information Night	Wednesday, March 3rd at 6pm via Zoom
Registration Deadline for ACT (actstudent.org)	January 8th // March 12th // May 7th
ACT	February 6th // April 17th // June 12th
SAT (@ Windsor - during school day)	April 13th, Snow day date- April 27th
Remember you can send scores to 4 schools for free up to one week following your exam	

Naviance Instructions

- Step 1- Go to Windsor HS Main Page
- Step 2- Go to Student Page
- Step 3- Click on My Apps
- Step 4- Click on Naviance

Complete Assessment and Research Careers

- Step 1- Click *About Me* tab
- Step 2- Scroll down and click *My Assessments*
- Step 3- Click the *Do What You Are* Assessment
- Step 4- Complete assessment
- Step 5- Research careers that come up

Research Colleges

- Step 3- Click on the *Colleges* tab
- Step 4- Scroll down and click *Find your Fit*
- Step 5- Click *Advanced College Search*, find colleges that meet your needs
- Step 5- When you find colleges that you like, click on their link and research them further
- Step 6- If you want to save a college, click the “heart” and it will add it to your *Colleges I’m thinking about* section

Update Resume



Admissions Information Summary - 2020

For more information call our toll-free number at 800-342-3811 or visit us on the web at www.suny.edu/attend

Campus Name (by campus type)	Undergraduate Enrollment Fall 2019	SAT Scores** (combined) Scores reflect middle 50%	ACT Scores (composite)	H.S. GPA	Early Decision (ED) or Early Action (EA)	Early Admission	EOP Program	English Language Options	Joint Admissions	Teaching Certificate	Honors Program	Time Shortened Degree	ROTC
University Centers and Doctoral Degree Granting Institutions													
Albany	13,286	1130-1300	23-29	89-95	EA	Yes	Yes	Yes	Yes	Grad level	Yes	No	A*, AF*
Binghamton	14,168	1300-1450	29-33	93-98	EA	Yes	Yes	Yes	Yes	Grad level	Yes	No	A*, AF*
University at Buffalo****+	21,925	1150-1330	24-30	90-96	EA	Yes	Yes	Yes	Yes	Grad level	Yes	No	A*, AF*
Stony Brook****+	17,909	1250-1340	27-33	91-97	No	No	Yes	Yes	Yes	Yes	Yes	No	A*
SUNY Polytechnic Institute	2,216	1130-1300	26-32	87-94	EA	No	Yes	No	Yes	No	No	No	A*, AF*
NYS Ceramics at Alfred University	496	1000-1160	20-27	80-92	EA	Yes	Yes	No	No	Yes*	Yes	No	A*
College of Optometry	Graduate and Professional Degrees Only				No	No	No	No	Yes	No	No	No	
Cornell University:													
Agriculture & Life Sciences	3,762	1370-1530	31-35	--	ED	Yes	Yes	No	No	No	Yes	No	A, AF, M, N
Human Ecology	1,146	1445-1540	33-35	--	ED	Yes	Yes	No	No	No	Yes	No	A, AF, M, N
Veterinary Medicine	Graduate Level Only			--	No	No	No	No	No	No	No	No	
Industrial & Labor Relations	970	1390-1520	31-34	--	ED	Yes	Yes	No	No	No	Yes	No	A, AF, M, N
Environmental Science & Forestry+	1,812	1120-1310	23-28	90-96	ED	Yes	Yes	Yes*	No	No	Yes	No	A*, AF*
SUNY Downstate Health Sciences Univ	182	--	--	--	No	No	Yes	No	No	No	No	No	
Upstate Medical University (Syracuse)+	238	--	--	--	No	Yes	Yes	No	Yes	No	No	No	
University Colleges													
Brockport+	6,673	1080-1200	21-26	88-93	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	A*, AF*, N*
Buffalo State	7,647	920-1130	18-28	81-90	No	Yes	Yes	Yes	Yes	Yes	Yes	No	A*
Cortland+	6,295	1100-1230	24-26	86-92	EA	Yes	Yes	No	Yes	Yes	Yes	No	A*, AF*
Fredonia	4,221	1030-1220	21-26	86-95	No	No	Yes	Yes	Yes	Yes	Yes	Yes	
Geneseo	5,274	1170-1320	25-30	90-95	ED	No	Yes	Yes	Yes	Yes	Yes	No	A*, AF*
New Paltz	6,807	1130-1280	24-29	90-95	EA	No	Yes	Yes	Yes	Yes	Yes	Yes	A*
Old Westbury	4,809	1000-1130	19-23	81-90	EA	Yes	Yes	No	Yes	Yes	Yes	Yes	A*, AF*
Oneonta	6,064	1070-1220	22-27	87-93	EA	Yes	Yes	Yes	No	Yes	No	Yes	
Oswego	6,920	1050-1240	21-27	86-93	EA	Yes	Yes	Yes	Yes	Yes	Yes	No	A*, AF*
Plattsburgh	4,871	1020-1170	21-26	84-92	No	No	Yes	Yes	No	Yes	Yes	Yes	
Potsdam	3,063	--	--	87-92	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	A*, AF*
Purchase+	4,050	--	--	87-90	EA	No	Yes	Yes	No	No	No	No	
Empire State College	9,095	--	--	--	No	No	No	No	Yes	Grad Level	No	Yes	
Colleges of Technology													
Alfred State	3,780	940-1150	19-25	80-89	No	Yes	Yes	Yes	Yes	No	Yes	Yes	A*
Baccalaureate only	1,797	990-1220	21-27	83-92									
Canton	3,220	920-1130	17-23	80-89	No	Yes	Yes	No	Yes	No	Yes	Yes	A*, AF*
Baccalaureate only	2,226	970-1150	18-23	82-91									
Cobleskill+	2,268	870-1060	18-22	83-93	No	Yes	Yes	Yes	Yes	No	Yes	No	A*
Baccalaureate only	1,409	930-1070	21-25	85-91									
Delhi+	2,875	920-1100	19-23	78-88	No	Yes	Yes	Yes	Yes	No	Yes	No	
Baccalaureate only	1,537	970-1130	19-25	81-89									
Farmingdale State+	9,939	990-1150	19-24	87-93	No	No	Yes	No	Yes	No	No	No	A*, AF*
Maritime College+	1,522	1170-1220	22-26	86-92	ED	No	Yes	No	Yes	No	No	No	A*, AF*, CG*, M, N
Morrisville State	2,781	850-1060	18-23	79-87	No	Yes	Yes	No	No	No	No	Yes	A*, AF*
Baccalaureate only	843	860-1050	17-22	81-87									

Abbreviations: A = Army, AF = Air Force, CG = Coast Guard, M = Marines, N = Navy

* Cross-registration (offered at neighboring institutions)

** The SAT ranges above represent combined evidence-based reading and writing and math scores. (The maximum possible total is 1600.)

*** Enrollment includes Health Science Centers.

+ Academic profile contains 2019 data.



Community College Admissions Information Summary - 2020

For more information, call our toll-free number at 800-347-3311 or visit us on the web at www.suny.edu/admission

Campus Name	Enrollment Fall 2019		Honors Program	Phi Theta Kappa	ASC Participating Campus	Student-Only Housing	EOP	Study Abroad	English Language Options		Telephone Number	Web Address
	(full-time)	(part-time)							ROTC	ROTC		
Adirondack	1,905	1,515	No	Yes	Yes	On Campus**	Yes	Yes	No	No	518.743.2264	www.sunyacc.edu
Broome	3,448	2,661	Yes	No	Yes	On Campus	Yes	No	Yes	No	607.778.5001	www.sunybroome.edu
Cayuga	1,368	2,301	Yes	Yes	Yes	Off Campus**	No	Yes	No	No	866.598.8883	www.cayuga-cc.edu
Clinton	529	770	Yes	Yes	Yes	Off Campus**	No	No	Yes	No	518.562.4170	www.clinton.edu
Columbia-Greene	529	918	Yes	Yes	Yes		No	No	No	No	518.828.4181	www.sunycgcc.edu
Corning	1,601	2,637	Yes	Yes	Yes	On Campus**	No	Yes	No	No	607.962.9151	www.corning-cc.edu
Dutchess	3,514	5,177	Yes	Yes	Yes	On Campus	Yes	Yes	Yes	Yes*	845.431.8010	www.sunydutchess.edu
Erie	6,252	3,779	Yes	No	Yes		Yes	No	Yes	Yes*	716.851.1ECC	www.ecc.edu
FIT	7,340	1,168	Yes	Yes	Yes	On Campus**	Yes	Yes	Yes	No	212.217.3760	www.fitnyc.edu
Finger Lakes	2,243	3,406	Yes	Yes	Yes	On Campus**	Yes	Yes	Yes	Yes*	585.785.1000	www.flcc.edu
Fulton-Montgomery	995	1,291	No	Yes	Yes	On Campus	Yes	Yes	Yes	No	518.736.FMCC	www.fmcc.edu
Genesee	1,918	3,367	Yes	Yes	Yes	On Campus**	Yes	Yes	Yes	Yes*	585.345.6800	www.genesee.edu
Herkimer	1,268	1,128	Yes	Yes	Yes	On Campus**	No	No	Yes	Yes*	315.574.4028	www.herkimer.edu
Hudson Valley	5,401	5,015	No	Yes	Yes	Off Campus**	Yes	Yes	Yes	Yes*	518.629.7309	www.hvcc.edu
Jamestown	1,973	2,477	Yes	Yes	Yes	On Campus	No	Yes	Yes	Yes*	716.338.1001	www.sunyjcc.edu
Jefferson	1,573	1,411	Yes	Yes	Yes	On Campus	Yes	No	No	No	315.786.2437	www.sunyjefferson.edu
Mohawk Valley	2,968	3,039	Yes	Yes	Yes	On Campus**	Yes	Yes	Yes	Yes*	315.792.5354	www.mvcc.edu
Monroe	6,927	4,645	Yes	Yes	Yes	On Campus	Yes	Yes	Yes	Yes*	585.292.2200	www.monroecc.edu
Nassau	9,486	7,164	Yes	Yes	No		Yes	Yes	Yes	Yes*	516.572.7345	www.ncc.edu
Niagara	2,704	2,220	Yes	Yes	Yes	On Campus	Yes	Yes	Yes	Yes*	716.614.6200	www.niagaracc.suny.edu
North Country	751	1,142	No	Yes	Yes	On Campus**	No	No	Yes	Yes*	888.TRY.NCCC	www.nccc.edu
Onondaga	4,236	5,213	Yes	Yes	Yes	On Campus**	Yes	Yes	Yes	Yes*	315.498.2221	www.sunyocc.edu
Orange	2,680	3,692	Yes	Yes	Yes		Yes	No	Yes	No	845.341.4030	www.sunyorange.edu
Rockland	3,325	3,207	Yes	Yes	No	Off Campus*	No	Yes	Yes	No	845.574.4224	www.sunyrockland.edu
Schenectady	1,555	3,177	No	Yes	Yes	Off Campus**	Yes	Yes	No	No	518.381.1366	www.sunysccc.edu
Suffolk	12,399	12,831	Yes	Yes	No		Yes	Yes	Yes	No	631.451.4000	www.sunysuffolk.edu
Sullivan	779	849	Yes	Yes	Yes	On Campus**	No	No	No	No	800.577.5243	www.sunysullivan.edu
Tompkins Cortland	1,460	743	Yes	Yes	Yes	On Campus**	No	Yes	Yes	No	607.844.6580	www.tompkinscortland.edu
Ulster	1,424	2,126	Yes	Yes	Yes		Yes	No	Yes	No	845.687.5022	www.sunyulster.edu
Westchester	5,685	5,436	Yes	Yes	No		Yes	Yes	Yes	No	914.606.6735	www.sunywcc.edu

* With neighboring institutions

** Run by Campus Foundation, Dormitory Corporation or Privately Owned

What Colleges Look For

There are several factors which college admissions officers consider before making a decision on a candidate's application. Although few colleges would give exactly the same weight to all items on this list, most would agree that the following would be considered in determining whether an applicant would be accepted or rejected.

Academic Transcript

Your high school transcript is the best predictor of how well you will do in college. Performance in your courses is probably the single most important criteria in the admissions decision. Your entire high school career, not just your junior and senior years, will be evaluated.

Course Selection

Students who have selected a rigorous course of study will be in a much better position than a student who has taken a weak load, even though the weak load has resulted in a higher overall average. It should be noted that most colleges use only the academic courses in computing your average for acceptance to their school. To demonstrate your ability to succeed in college, you are encouraged to take the most challenging program you are capable of handling in high school.

Rank in Class

This is a figure that compares you with other students in your graduating class.

Standardized Test Scores

Many colleges require students to take the SAT and/or ACT tests. These tests are viewed as a measure of ability to do college level work. While the SAT I has been more well-known in past years, the ACT has grown in acceptance and now most colleges will accept either the SAT I or ACT. Note, however, that test scores are only one factor (and not the most significant) in the admissions process.

Extracurricular Activities

Most colleges will be interested in your extracurricular activities, especially in leadership abilities which you might have developed. A student who has clearly made a contribution to school or community is a stronger applicant than the uninvolved student.

Recommendations

Letters of recommendation from counselors, teachers, employers, or other adults will be required at most colleges. In many cases, you counselor will be asked to write a letter of recommendation, so be sure you make him or her aware of any information which should be included.

Interview

A personal interview can provide an opportunity for you to present strengths which might not have been included on your application. Check college catalogs to see if an interview is required or recommended.

What Students Should Look for in Colleges

Majors and minors offered

Cost

Financial aid package offered

Internship programs

Job placement rate

(What percentage of students *with your major* actually get jobs after college?)

Activities and organizations

Athletic programs

Size

Location/Proximity to home

Living accommodations

Campus environment

Surrounding community

(What do students do for fun?)

Campus Security

Support services

Male/Female ratio

Diversity on campus

Parking availability

Percentage of commuter students

Common Questions Students Should Ask an Admissions Representative

- How easy is it to double major?
- What percentage of students graduates in 4 years? What percentage of double majors graduates in 4 years?
- Do students apply to the school, or to a particular major?
- When do students need to declare a major?
- Do you require an audition as part of the admissions process if you want to be a theater or music major?
- Can supporting documents be sent to the admissions office if an applicant wishes to highlight a particular artistic talent such as theater, music, dance or another art form? Are these documents used in the application review?
- Do all majors have the chance to have internships and are they a common part of the educational experience?
- Is there support to help students find an internship?
- When do students typically start using the career center?
- Can you tell me about the services the career center offers?
- Do students study abroad? Does your college or university have a study abroad program?
- Can students study abroad on another school's program?
- How easy is it to fit a study abroad program in and still graduate in 4 years?
- How accessible are professors? What are some examples of professor/student interactions outside of the classroom?
- How large are the largest classes? How small are the smallest classes? What is the average class size?
- What are some examples of clubs and activities available to students?
- Do students attend sporting events, theater events, and social events on campus?
- Are there academic support services on campus such as tutoring and writing centers?

College Terms To Know

Admissions Policies/Options:

- **Open Admissions:** Virtually all secondary school graduates or students with a GED are admitted without regard to academic record, test scores or other qualifications.
- **Rolling Admission:** As college applications “roll” in, decisions are “rolled” out. Best to apply early to these colleges, as when they are full, all others are denied or waitlisted.
- **Early Action: NON-BINDING!!** A plan that allows students to apply and be notified of an admission decision early, but it is a commitment by the student that if accepted, they will withdraw all other applications to other colleges.
- **Early Decision: BINDING!!** This also permits students to apply and be notified of an admissions decision early, but it is a commitment by the student that if accepted, they will withdraw all other applications to other colleges.

Types of Degrees:

- **Associate Degree:** Awarded for successful completion of a 1-3 (usually 2) year program providing training for a specific occupation.
- **Bachelor’s (Baccalaureate) Degree:** A degree that normally requires at least 4 years, but not more than 5 years of full-time equivalent college-level work.
- **Master’s Degree:** Successful completion of a program of full-time study for 1-2 years beyond a Bachelor’s Degree.

Entrance Difficulty Level:

- **Noncompetitive:** Virtually all applicants are accepted regardless of high school rank or test scores.
- **Minimally Difficult:** Most freshmen were not in the top 50% of their class. Up to 95% of applicants are accepted.
- **Moderately Difficult:** More than 75% of freshmen were in the top 50% of their high school class. About 85% or fewer of all applicants are accepted.
- **Very Difficult:** More than 50% of freshmen were in the top 10% of their high school class. About 60% or fewer of all applicants are accepted.
- **Most Difficult:** More than 75% of freshmen were in the top 10% of their class. About 30% or fewer of all applicants are accepted.